Ⓟ Procedure 12-3

Blowdrying and Thermal Setting to Produce Full, Smooth Hair

LEFT-HANDED



IMPLEMENTS AND MATERIALS

In addition to the basic implements and materials listed in **Procedure 12-1: Preparing Hair for Styling**, you will need:

- Blowdryer with concentrator nozzle attachment
- Clips or clamps (sectioning)
- Combs (styling and tail combs)
- Cotton
- Cutting or styling cape
- Disposable mascara wand
- Finishing (fixative) products, such as a flexible hairspray
- Flat iron (1- to 1.5-inch [2.5- to 3.75 cm] plates)
- Neck strip
- Shine product (optional)
- Styling or cutting cape
- Styling spray or styling gel
- Thermal protectant spray or primer (if not included in the styling product)
- Towels

PREPARATION

Before you begin, perform Ⓟ **10-1 Pre-Service Procedure** and the shampoo procedure outlined in Ⓟ **12-1 Preparing Hair for Styling**.

ESTIMATED TIME

60-90 MIN

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1



Place clean neck strip on client and drape with cutting or styling cape.

2

Blot hair with clean towel, if necessary. Hair should be thoroughly damp, but not saturated. Attach concentrator nozzle to blowdryer.

3



Use styling comb to separate, comb, and clip hair into quadrants.

4



Divide front and back sections, starting from back of one ear, over the crown, to the back of the other ear.

5



Create desired front part and divide front portion into two sections.

6



Divide back of the head into two vertical sections. Consider tucking ends inside each section to prevent them from drying out.

7





Release one back section and apply thermal protectant and light styling aid throughout the section.

8



Using styling or tail comb, create horizontal 1-inch (2.5-cm) subsection at back/right hairline. Re-pin the balance of the section.

9



Dry scalp area using a round brush. Scoop hair from underside and lift scalp area to a 45- to 90-degree angle. Place blowdryer nozzle near the top of the subsection and point it toward you. Move blowdryer back and forth in a quick manner for 3 to 5 seconds. Repeat as needed until scalp area is smooth and dry.

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10



Dry the midshaft: Using round brush, pick up the same subsection. Hold hair at a 45- to 90-degree angle, and dry the midshaft while maintaining proper tension. Repeat the mechanics in steps 10 and 11.

11



Dry the ends: Lift subsection to a 45- to 90-degree angle. Place round brush under the subsection and draw the hair up at the same elevation. When the brush approaches the ends, point blowdryer down and toward you, and twirl the brush while maintaining the required tension. Repeat this action until ends are dry.

12



Blowdry the subsection from scalp to end using technique in steps 10 and 11. Do this at least twice.

13



Continue drying subsections until entire back of the hair is shaped and dried. Be mindful that damp hair should not come in contact with hair that you have already dried.

14



Blowdry front two sections, being careful to direct the hair to the finished style, using vertical, horizontal, and diagonal partings. In areas where you want fullness, dry hair at a 45-degree elevation. To create flatter or fuller areas, adjust your elevations accordingly.

15



Heat flat iron to recommended temperature based on hair health and texture. When ironing the hair, run the plates through each small section one or two times to evenly heat it before smoothing the section. Do not attempt to flat iron thick sections of hair. This will produce uneven results.

16



When ironing around hairline, insert heat-resistant comb between flat iron and skin. For safety, also consider placing cotton between the ears and the iron to protect them.

17

Starting at back hairline, clip away all hair you are not immediately ironing. As you work up the head, stagger the interior sections in a bricklay fashion to avoid splits in the final hairstyle. Maintain the same elevation on each section as used when blowdrying the hair.

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18



At front of the head, take meticulous and well-planned sections to ensure hair is styled in same direction as your planned style: Diagonal, vertical, or horizontal sections will not only support, but also create, your finished style.

19

Check entire hairline for rough or frizzy hair. Where needed, apply small amount of styling spray or light gel product on a clean, disposable mascara wand. Brush and groom the hairline to smooth it with rest of the hair. If needed, do the same on hair parting to smooth the scalp area and control fly-a-ways.

20

Apply shine product (optional). If using drops, apply two or three drops on palm of hand, rub together, then lightly skim them across the surface of hair. If using shine spray, lightly spray hair and allow to set for a few seconds. Apply another light layer as needed.

21

If desired, apply flexible styling spray or spray gel at scalp area. Hold product at least 6 inches (15 cm) away from scalp and applying in light bursts. Do not oversaturate the hair to avoid destroying the shape and lift you created.

22

Lightly spray specific areas and use fingers to create depth on the surface of the hair. Create highs and lows to avoid a solid sheet of hair.

23





Finished look.

POST-SERVICE

To complete the procedure, perform:

Ⓟ **10-2 Post-Service Procedure.**

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