Ⓟ Procedure 12-9

Hollywood Waves (Thermal Waving)

LEFT-HANDED



IMPLEMENTS AND MATERIALS

In addition to the basic shampoo implements and materials listed in **Procedure 12-1: Preparing Hair for Styling**, you will need:

- Blowdryer with concentrator nozzle attachment
- Curling iron of your choice
- Hard rubber or carbon styling comb
- Neck strip
- Styling product
- Styling or cutting cape
- White towel or tissue (heat test)

PREPARATION

Before you begin, perform Ⓟ **10-1 Pre-Service Procedure** and the shampoo procedure outlined in Ⓟ **12-1 Preparing Hair for Styling**.

ESTIMATED TIME

35-45 MIN

1



Place clean neck strip on client and drape with cutting or styling cape.

2



Apply styling product and distribute throughout the hair. Blowdry client's hair as needed.

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3



Comb hair in the shape desired by the client. The hair's natural growth will determine whether the first wave will be a left-moving wave or a right-moving wave.

4

Heat the iron and test its temperature prior to use.

5



Begin curling in the back nape area of the head by inserting the iron horizontally using a 2 inch (5 cm) or less subsection. It's best to subsection the hair the same diameter as the iron.

6



Next, using a "twist and hold" technique on the rod only, wrap hair to the left around the iron, but do not close the shell. The twist and hold technique is alternated in each horizontal subsection.

7



Secure the hair with a clip or hold it in your hand to allow it to cool.

8



Once the first subsection is complete, move to the next horizontal subsection and section the hair a ¼ to ½ an inch (0.625 to 1.25 cm).

9



Continue to hold the iron horizontally and gently twist the hair to the right as it is added into the barrel of the iron. Secure the hair with a clip or hold it in your hand to allow it to cool.

10



Continue working up the head as you subsection the hair using a 2 inch (5 cm) or less subsection. Be sure to repeat the alternating steps.

11



Continue to subsection the hair using the end of your tail comb matching the same diameter as the iron.

12



Wrap the hair around the iron as you change the direction of your "twist and hold" technique to the right. Then perform a twist and hold technique to the right in this entire subsection of hair.

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13

Comb from scalp to end to allow for smooth wrapping around the iron. Then press, hold, and drop the hair.

14



Continue to create the foundation for the Hollywood wave by using a right twisting technique.

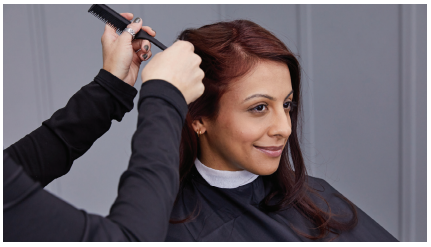
15



The back of your client's hair is almost complete when you reach the crown area.



16



Next, create a side part and continue subsectioning the hair holding the iron horizontally to the subsection and gently twisting and wrapping the hair as it's added into the barrel. Then secure the hair with a clip or hold it in your hand to cool.

17



Continue working and overdirecting the hair as needed for volume as you repeat the same horizontal curling process.



18



Continue twisting and wrapping in the crown, apex and fringe areas until the entire head is complete.

19



Spray with a light hairspray.

20



To finish, use a large synthetic brush or wide-tooth comb to place and direct the hair in an S-pattern.

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21



Continue brushing and shaping the hair to match the adjoining wave.

22



For additional volume, backbrush at the scalp and in any additional areas where needed.

23







Finished look.

POST-SERVICE

To complete the procedure, perform:

Ⓟ **10-2 Post-Service Procedure.**

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